

# PSP Alert



High levels of PSP (paralytic shellfish poison) have been detected in locally harvested shellfish throughout the region.

**Recreationally** harvested clams, mussels, oysters and cockles are **NOT** safe to eat.

**Commercially** sold shellfish is tested by DEC and is considered safe.

Symptoms of PSP include tingling of the lips or fingertips and numbness of the arms or legs. **PSP can be fatal.**

**Anyone with these symptoms should seek immediate medical care or call 9-1-1.**



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